



# Scott County Public Health

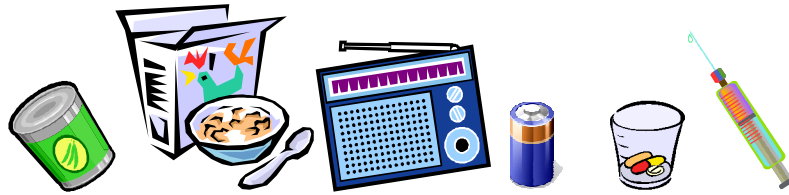
encourages you to be prepared for all types of emergencies.

## Four steps to being prepared:

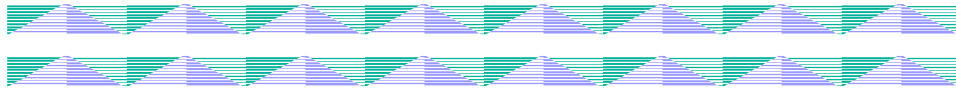
- Get a kit
- Make a plan
- Be informed
- Get involved



## Get a kit



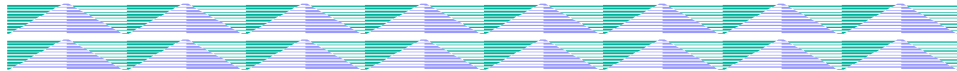
Prepare a kit of items your family may need in an emergency. Be sure to include non-perishable food, water, a radio with extra batteries and essential medications your family member need. For more information on making a kit, contact us or go to [www.ready.gov](http://www.ready.gov) or [www.codeReady.org](http://www.codeReady.org).



## Make a plan



Write down important phone numbers, insurance card numbers and what medications you are on. Keep copies of important documents, like your birth certificate. Have a plan for how your family members will stay in touch during an emergency. For more information on making a kit, contact us or go to [www.ready.gov](http://www.ready.gov) or [www.codeReady.org](http://www.codeReady.org).



## Be informed



There are a lot of great resources for getting information. Visit some of the links below for emergency preparedness information.

codeReady: [www.codeready.org](http://www.codeready.org)

Minnesota Department of Health:  
[www.health.state.mn.us/oep/prepare](http://www.health.state.mn.us/oep/prepare)

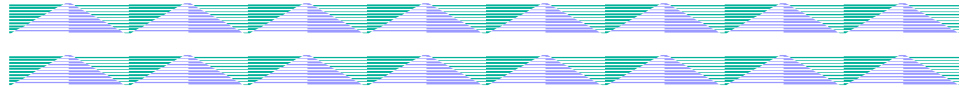
Center for Disease Control and Prevention:  
[www.emergency.cdc.gov](http://www.emergency.cdc.gov)

Red Cross: [www.redcross.org](http://www.redcross.org) or  
Local Red Cross website: [www.redcrossstc.org](http://www.redcrossstc.org)

Pandemic Flu: [www.pandemicflu.gov](http://www.pandemicflu.gov) or [www.birdflu.state.mn.us](http://www.birdflu.state.mn.us)

Emergency Community Health Outreach (ECHO):  
[www.echominnesota.org](http://www.echominnesota.org)

National Weather Service: [www.nws.noaa.gov](http://www.nws.noaa.gov)



## Get involved



Consider joining the Scott County Medical Reserve Corps. The Medical Reserve Corps is a volunteer group that is prepared to respond to public health emergencies. For more information, visit the national Medical Reserve Site, [www.medicalreservecorps.gov](http://www.medicalreservecorps.gov), the Minnesota Department of Health's volunteer website, [www.mnresponds.org](http://www.mnresponds.org), or contact us for more information.



# Contact us

We would be glad to discuss emergency preparedness issues with you. Please feel free to contact us!

Barb Ottinger, Emergency Preparedness Specialist:  
[bottinger@co.scott.mn.us](mailto:bottinger@co.scott.mn.us) or call 952-496-8658

