# Mental Health Advisory Committee Minutes January 22, 2019

**Members present:** John Stadler, Janet Williams, Brett Boe, Anita Simons, Kimberly Churchhill, Margaret Chamberlin, Luke Hennen, Noemi Garcia, Georgie Satersmoen, Dawn Plonski, Kim Sirek, Catherine Hopen, and Lloyd Erbaugh

**Others present:** Lorie Reller, Barb Weckman-Brekke, Michelle Faith, Kathy Pikal, Karen Jensen, Bryce Hanson, Barb Dahl, Danielle Fox, Steve Brown, Bethany Gabor, Tracy Bergland, and Molly Dose

#### **Minutes:**

Meeting called to order at 4:00 PM by Chair, John Stadler

Introductions made by those present

November 27, 2018 minutes approved (Churchill/ Chamberlin)

## **SCALE Update- Legislative Priorities - Janet Williams**

- Increase affordable housing
  - o Goal: To create housing options that give people in all life stages and of all economic means viable choices for safe, stable, and affordable homes
  - o Develop tax incentives to keep rental units affordable to low-wage families by using targeted support from local and state governments
- Improve Health and Safety
  - o Goal: Ensuring the health and safety of our citizens through an array of services that meet the needs of the community
  - o 1 in 5 Americans live with a mental disorder. According to the population in Scott County in 2017, this would mean that 29,164 citizens in Scott County may be in need of some form of treatment or support
  - o Approximately 21.4% youth ages 13-18 experience a severe mental disorder at some point during their life. Ages 8-15 estimate is 13%
  - The percent of Scott County residents who believe mental health is a moderate or major concern has grown from 24% in 2011 to 56% in 2016
  - o Top legislative priority is to support data privacy sharing
  - O Support ongoing funding for mental health programs and infrastructure in our schools, mobile crisis, children's residential, adult mental health funding, and targeted case management

### Meeting Schedule and Tentative Topics for 2019- LAC members

- Discussion on topics to focus on for the 2019 meetings included:
  - o Gap housing, long term supported housing, affordable housing, and homelessness
  - o Re-entry and jail diversion
  - o Children's services for early intervention and children's mental health
- Objective is to obtain education on topics to present to the board
- NAMI offers many classes and education opportunities regarding mental health along with Fraser and other organizations
- Suggested that we have program updates at our meetings from current Scott County programs

### **Project Resiliency- Molly Dose and Tracy Bergland**

- Project resiliency is a non-profit organization
- Molly and Tracy told their personal stories in dealing with mental illness
- They share their stories by doing public speaking to groups in schools and elsewhere to offer soft support

### **Other**

- LAC handbook was given out to the LAC voting members for their review
- Scott County is exploring a couple of grants for housing support for individuals with mental illness
- Scott County does work with interpreters to assist clients with varied language preferences
- Feb 19th is the Scott County Delivers for Life Cycle Housing at 9:00am in the County Boardroom. This will include a panel of housing experts, who will respond to questions (from a panel, commissioners, and the audience) relating to Scott County's current status related to housing and homelessness. This takes place during a County Board meeting and is open to all members of the public to listen in, ask a question, or to make a comment

The meeting was adjourned at 5:20 p.m. (Williams/ Simons)

The next meeting will be on February 26, 2019 from 4:00-5:30 pm at the Scott County Government Center, 200 4<sup>th</sup> Avenue W., Shakopee MN 55379 (In the board room on 2<sup>nd</sup> floor)

Minutes by Kathy Pikal, Scott County Health and Human Services