

How to Make a Mandala

Supplies:

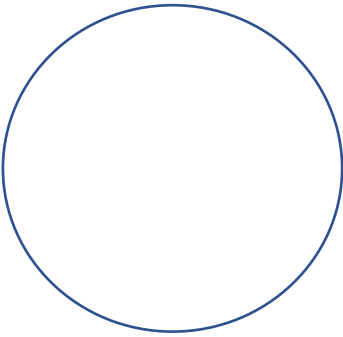
Paper, pencil or pen or marker, round shapes of different sizes to trace (such as lids, bowls, plates), crayons or markers or colored pencils, ruler or straight edge (optional)

Steps:

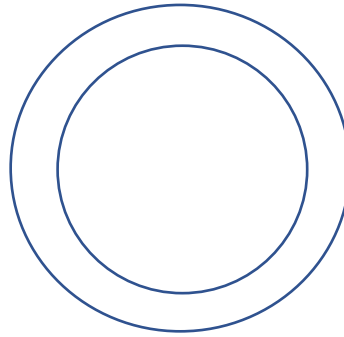
1. Draw or trace a large circle that almost fills the entire piece of paper. (You can use a pencil, pen, or marker. Remember that only the pencil can be erased!)
2. Draw or trace a smaller circle inside the large circle. Center it as best you can.
3. Repeat this process with other sizes of circles until you have 4 circles total.
4. Next we are going to draw lines through the circles. It will look like a sliced pizza! Starting at the edge of your largest circle, draw a large X that crosses through all of the circles. You can use a ruler or just freehand the lines.
5. Starting at the edge of your largest circle, draw a large + to cut the mandala into 8 pieces.
6. Now it's time to create a unique mandala design. Start at the middle, where all of your lines intersect. If they don't meet up quite right, use your pen or marker to fill the middle in as a circle.
7. Choose a shape or line and draw it in each triangle section in that circle that goes around the middle.
8. Use a different shape in the next circle. Add extra details like dots and outlines as you go! Connect shapes to the shapes you just made. Do this all the way to the last circle.
9. If you drew in pencil, trace over your lines with a black pen or marker if you want the lines to show up really well. Now color your mandala!
10. Wow! Look at that! Make another using different shapes and patterns. It's fun to create a whole collection of mandalas.

Visual Guide to Drawing a Mandala

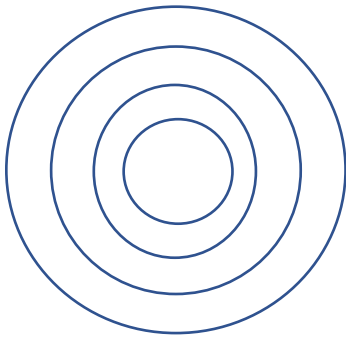
1. Draw or trace a large circle.



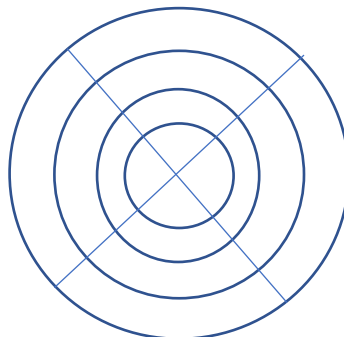
2. Draw or trace a smaller circle inside.



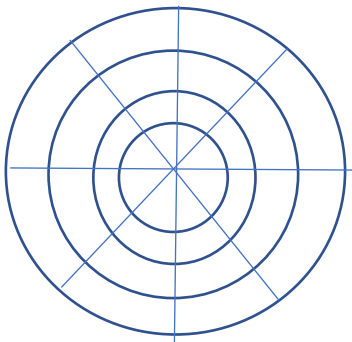
3. Repeat this process until you have 4 circles.



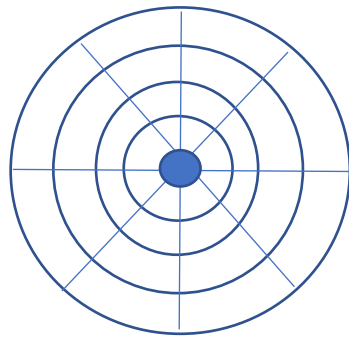
4. Draw an X through the circles.



5. Draw a + through the circles.

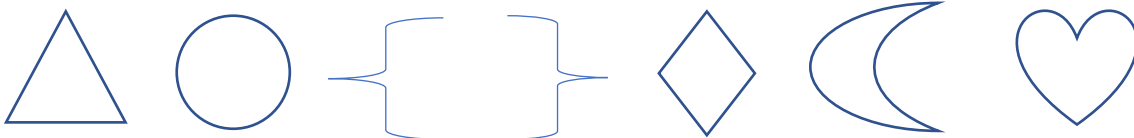


6. Fill in the middle with a circle.



Now add shapes to your mandala. Repeat the shape, line, or design as you move around each circle.

Try using some of these shapes:



Complete your mandala by tracing over the lines with a marker and coloring your design.