

SCOTT COUNTY MENTAL HEALTH SERVICE GRID

September 7, 2021

Name	Prairie Care – Chaska		My Health – Chaska
Location	111 Hundertmark Road, Suite 205N Chaska, MN 55318		15 8 th Ave South Hopkins, MN 55434
Phone & Website	(952) 903-1350 http://www.prairie-care.com		(952) 474-3251 http://www.myhealthmn.org
Hours	8:30 a.m. - 5:00 p.m.		Mon: 12-8 p.m., Tues-Thurs: 12-5 p.m., Sat 10-2 p.m.
Ages	All Ages		12 – 23 Years for medical services 12-26 Years for mental health services
What Services do you provide?	<ul style="list-style-type: none"> • Free Needs Assessments • Partial Hospitalization Program (PHP) for children and adolescents • Adult Intensive Outpatient Program • Pediatric Integrative Medicine services • Diagnostic Assessment/Psychological Evaluation/testing- <ul style="list-style-type: none"> o Intellectual/cognitive o LD/Dyslexia o ADHD o Autism Spectrum • Behavior Development Program (for elementary aged children) • Individual Therapy • Family Therapy • Psychiatry • Medication Management • Art Therapy for partial hospitalization patients • Center For Integrative Mental Health Blending personally structured traditional and complementary therapies. 		<ul style="list-style-type: none"> • Counseling- individual, family, group therapy. Able to do medication evaluation and management • Home visiting program for pregnant and parenting teens and young adults. • Medical care: STD testing, Birth control exams, pregnancy testing, Asthma care, sports physicals, vaccines, sick checks, minor injuries • Health Education speakers • Male outreach program, providing free STD testing to males in the community. • Pharmacy onsite with free medications for uninsured clients • Traveling Nurse may see patients in the community
Payment	- Most insurance companies, MA - Medical Optum patients – Please Call - Does not accept Tri-care - Offers financial assistance upon request		- Most insurance, MA, Medicaid, MNSURE - Low cost or no cost - no one is turned away
Walk-in appts?	No		Walk-ins available for STD testing, Pregnancy testing, Birth control refills
Crisis Services?	No		Yes, same day appointments are typically available
Do you treat:	• C.D.?	No	No
	• Eating disorders?	No	No

SCOTT COUNTY MENTAL HEALTH SERVICE GRID

September 7, 2021

Name	Scott County Mental Health Center	Ridgeview Medical Center – Waconia	
Location	Scott County Government Center & Public Schools located in Scott County	500 South Maple Street Waconia, MN 55387	
Phone & Website	(952) 496-8481 http://www.scottcountymn.gov/290/Mental-Health-Center	(952) 442-2191 https://www.ridgeviewmedical.org/care-treatment/?c=M#ServicesSearch	
Hours	Call or Walk in 8:00 a.m. - 4:30 p.m.	All Mental Health handled through Prairie Care and First Street Center/Carver County	
Ages	All Ages	All Ages	
What Services do you provide?	<p>24/7 Crisis Response Mobile Service: (952) 818-3702</p> <ul style="list-style-type: none"> •Therapy: Individual, Group, Couples, Family, Play •In-home and intensive in-home Family Therapy •Crisis Assessment and Intervention •Diagnostic Assessment •Psychological Evaluation/Testing: Forensic, Intellectual/Cognitive, Personality/Diagnostic, Neuropsychological, ADHD, Developmental, Adaptive Functioning, Anger, Learning Disability, Dementia, PTSD-trauma, Veterans PTSD •Support Group: Illness Management, Depression •Dialectical Behavior Therapy Program- adult and adolescent/parent • Truancy intervention and prevention program •School based therapy and assessment- located in the schools •Family Assessment/ Parent Child Interaction Assessment •Parent Education - Raising Capable People •Anger Management Assessment and Alternatives to Violence Program •Trauma Focused – CBT •Child, Adolescent and Adult Psychiatry and Medication Management •Assessments for County Case Management Services •Day Treatment for Adolescents 	<p>•Outpatient Mental Health appointments are available on the RMC campus/Ridgeview Medical Professional Building in Waconia at</p> <p>Prairie Care – Waconia 500 S Maple Street, Suite 30 (952) 826-8475 Mon-Fri: 8:00 - 5:00 p.m. See also Prairie Care Chaska</p> <ul style="list-style-type: none"> • Admission Diagnostic Assessments • Intensive Outpatient Program for Adults • Individual Therapy • Family Therapy • Psychiatry • Medication Management <p>First Street Center – Waconia 540 East First Street (952) 442-4437 M: 8-4:30pm; Tu: 8-6pm; W: 7-4:30pm; Th: 8-7:30pm; F: 7:30-2:30pm</p> <ul style="list-style-type: none"> • Mental and Chemical Health Assessments • Outpatient Therapy and Psychiatry • Case Management Services • Resource Referral <p>24/7 Crisis Hotline and Mobile Crisis: (952) 442-7601 Crisis Service covers anyone who is in Carver County regardless of county of residence or ability to pay</p>	
	Payment	<ul style="list-style-type: none"> - Most Insurance, MA, Medicare, MNSURE - Sliding fee for those without insurance based upon income for Scott County resident 	<ul style="list-style-type: none"> - <i>Prairie Care</i>: Insurance dependent on clinician and service - <i>First Street Center</i>: Sliding fee for those who qualify
Walk-in appts?	Yes	See First St Clinic	
Crisis Services?	Yes	See First St Clinic	
Do you treat:	• C.D.?	Yes – Individualized	Prairie Care – Evaluate may refer to MICD
	• Eating disorders?	Yes – Individualized	Yes – Individualized

SCOTT COUNTY MENTAL HEALTH SERVICE GRID

September 7, 2021

Name	SMSC Behavioral Health	Allina Shakopee Clinic	
Location	SMSC Community Clinic 2330 Sioux Trail NW Prior Lake, MN 55372	Allina Health – Shakopee Clinic 1601 St Francis Ave Shakopee, MN 55379	
Phone & Website	(952) 496-6164 http://www.shakopeedakota.org/contact-us/?dept=Health-Wellness	(952) 428-3535 http://wellness.allinahealth.org/locations/86	
Hours	Mon-Fri: 8:30 a.m. - 5:00 p.m.	Mon-Fri: 7:00 a.m. – 5:00 p.m.	
Ages	All Ages	18 to Adult	
What Services do you provide?	<ul style="list-style-type: none"> ▪ Psychologist <ul style="list-style-type: none"> ○ DBT ▪ Therapist <ul style="list-style-type: none"> ○ Play Therapy ○ Family Therapy ○ EMDR ○ Couples Therapy ○ Individual Therapy ○ Trauma 	<ul style="list-style-type: none"> ▪ Therapy –Psychologist, therapist ▪ Psychiatry <p style="text-align: center;">Allina Mental Health and Addiction Connection – 24/7 Scheduling, Questions, Information, Referrals 1-866 603-0016</p> <ul style="list-style-type: none"> ▪ In-Patient and Out-Patient Services in additional locations throughout the metro 	
Payment	- Will only take eligible, enrolled, Native American Patients that are Scott County residents	All Insurance	
Walk-in?	No	No	
Crisis Services?	No	Assessment and Referral in the ED 24 hrs/day In person from 1 pm – 11 pm, tele-health all other times	
Do you treat:	• C.D.?	Yes	No
	• Eating disorders?	No	No

SCOTT COUNTY MENTAL HEALTH SERVICE GRID

September 7, 2021

Name	BHSI – Shakopee	Hazelden Betty Ford Foundation – Chaska	
Location	327 South Marschall Road, Suite 250 Shakopee, MN 55379	1107 Hazeltine Drive, Suite 300 Chaska, MN 55318	
Phone & Website	(651) 769-6500 Fax (651) 769-6549 http://www.bhsiclinics.com/shakopee-staff	(952) 679-2936 1-855-781-6844 Scheduling https://www.hazeldenbettyford.org/locations/chaska	
Hours	Mon-Th: 8:30 a.m. – 5:00 p.m. Fri: 8:30 a.m. – 4:00 p.m.	Mon-Fri: 8:00 a.m. – 7:00 p.m.	
Ages	All Ages	18 to Adult	
What Services do you provide?	<ul style="list-style-type: none"> ▪ Therapy – individual, group, couples, family, play therapy ▪ Child, Adolescent, and Adult Psychiatry ▪ Diagnostic Assessment Psychological Evaluation/Testing – <ul style="list-style-type: none"> ○ Adoption Assessments ○ Disability Evaluations ○ Intellectual/Cognitive ○ Personality Tests ○ Pre-surgery Evaluations ○ ADHD ▪ Medication Management 	<ul style="list-style-type: none"> ▪ Outpatient Addiction Treatment ▪ Assessment Services ▪ Mental Health Center ▪ Teen Intervene ▪ Recovery Management ▪ 24/7 Hotline 1-855-348-7022 <p>As of June 2021: All services are being conducted VIRTUALLY – NO In-Person</p>	
Payment	- Most Insurance, MA, Medicare, MNSURE - Sliding fee for those without insurance based upon income, private pay *Call 651-769-6565 to check accepted Insurance	Accepts Insurance *Call 1-844-980-3901 for insurance options available	
Walk-in appts?	No	No	
Crisis Services?	Will connect to a crisis line after hours.	No	
Do you treat:	• C.D.?	Yes- individualized	Yes
	• Eating disorders?	Yes- individualized	Yes – depends on therapist available

SCOTT COUNTY MENTAL HEALTH SERVICE GRID

September 7, 2021

<i>Name</i>	CANA – Center for Africans Now in America, Inc.	St Mary’s Health Clinic	
<i>Location</i>	900 West 128 th Street, Suite 104 Burnsville, MN 55337	Shakopee	
<i>Phone & Website</i>	(952) 446-7737 OR (952) 356 -2953 http://mncana.org	(651) 287-7777 http://stmaryshealthclinics.org	
<i>Hours</i>	Mon-Fri: 8:00 a.m. – 5:00 p.m.	Wed & Th: 1:00 p.m. – 5:00 p.m. *Starting July 19: M, W, Th: 1:00 – 5:00 p.m.	
<i>Ages</i>	All Ages	Adults up to 64	
<i>What Services do you provide?</i>	C.A.R.E Client-Centered Therapy- (Cultural Approach Resource Empowerment) for individual, group, couples, family, play, engagement • Autism- In-home and out – of-home personal care service Autism Parent/family Training and Respite Care Services• School, Hospital, Prison- Based Mental Health Services and Autism C.A.R.E Services located on sites Crisis Assessment and Intervention and Respite Care Services• Diagnostic Assessment and Evaluation/Screening/Testing - Mental Health and evidence of comorbidity- the presence of one or more additional disorders (or diseases); or the effect of such additional disorders or diseases caused by Cultural Intellectual/Cognitive, ADHD, Developmental, Adaptive Functioning • Personality/Diagnostic Anger Management Assessment and Alternatives to Family Disruptions, Learning Disability, Dementia, PTSD-trauma, Veterans PTSD • Illness Management Group, Depression Support Group • Dialectical Behavior Therapy Program- adult and adolescent/parent • Truancy intervention and prevention program • School based therapy/ assessment • Family/ Parent Child Interaction Assessment • Parent Education Through C.A.R.E Curriculum • Anger Management Assessment and Alternatives to Violence Program, Child and Adult Trauma Focused – CBT	Some Mental Health Services available through volunteers, which currently include: <ul style="list-style-type: none"> ▪ Social Worker ▪ Psychologist ▪ Close relationship with St. Francis for referrals 	
<i>Payment</i>	- Most Insurance, MA, Medicare, MNSURE - Sliding fee for those without insurance based upon income.	Free based on qualification: low-income, uninsured who do NOT have access to insurance	
<i>Walk-in appts?</i>	Yes - Accepted (M-F: 8-5pm)	No	
<i>Crisis Services?</i>	Yes - Accepted (Licensed 245D)	No	
<i>Do you treat:</i>	• <i>C.D.?</i>	Yes - Individualized/Group - Public Health Education/Counseling	No
	• <i>Eating disorders?</i>	Yes - Individualized/Group - Public Health Education/Counseling	No

SCOTT COUNTY MENTAL HEALTH SERVICE GRID

September 7, 2021

Name	Park Nicollet Clinic	Mayo Clinic	
Location	1415 St. Francis Avenue Shakopee, MN 55379	212 10 th Ave. NE New Prague, MN 56071	
Phone & Website	(952) 993-3307 Fax (952) 993-1762 http://www.parknicollet.com	(952) 758-4461 www.mayoclinichealthsystem.org	
Hours	Mon-Fri: 7:00 a.m. – 5:00 p.m.	Mon-Fri: 8:00 a.m. – 5:00 p.m.	
Ages	18 to Adults	5 years to Adult	
What Services do you provide?	<ul style="list-style-type: none"> ▪ Adult Therapy Only - Psychologist ▪ Referrals or Park Nicollet Primary Care MD required prior to appointment scheduling. ▪ Additional services available at other Park Nicollet Locations <p>Melrose Center – Burnsville 675 Nicollet Blvd E Ste 200 Burnsville, MN 55337 (952) 993-6200 Mon-Thur: 8:00 a.m. - 6:00 p.m. Fri: 8:00 a.m. – 4:00 p.m. Ages 6 and Older</p> <ul style="list-style-type: none"> • Eating Disorder Treatments • Individual and Group Therapy • Family-Based Approach 	<ul style="list-style-type: none"> ▪ Must have Primary Care with Mayo or have PCS switched to Mayo for referral to be made ▪ Referrals made to Social Worker located at this New Prague location: Jessie Wolf, LICSW ▪ Additional services available at other Mayo Clinic locations 	
Payment	Accepted by most insurance plans	All insurance	
Walk-in appts?	No	No	
Crisis Services?	No	No	
Do you treat:	• C.D.?	No	Refer to social worker
	• Eating disorders?	See Above: Melrose Center - Burnsville	Refer to social worker


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Name	River Valley Health And Wellness	Jonas Center	
Location	8640 Eagle Creek Circle Savage, MN 55378	107 Paul Ave N Cologne, MN 55322 Bent Creek Business Center 7525 Mitchell Road, Ste 215 Eden Prairie, MN 55433	
Phone & Website	(952) 746-7664 Fax (952) 224-4867 https://rivervalleybhwc.com	(952) 361-9700 OR (320) 864-6139 Fax (320) 864-6130 https://www.thejonascenter.com	
Hours	Mon-Fri: 7:30 a.m. – 5:00 p.m. <i>Some providers offer Saturday appointments</i>	Mon-Fri: 9:00 a.m. – 6:00 p.m.	
Ages	18 to Adults <i>Some providers available for children to adolescents</i>	Adults and Families	
What Services do you provide?	<ul style="list-style-type: none"> ▪ Couples, Family, Marital therapy ▪ DBT ▪ Emotional & Behavioral Problems ▪ ADHD ▪ PTSD ▪ Psychotic Disorders ▪ Learning Disabilities ▪ LGBT affirming ▪ Complementary Therapies ▪ Teletherapy 	<ul style="list-style-type: none"> ▪ Counseling / Psychotherapy ▪ Individual, Family, & Couples Therapy ▪ Men’s Therapy and Support Group ▪ Clinical Supervision ▪ Coordination of Care ▪ 3 locations: Cologne, Eden Prairie, Glencoe <p>As of June 2021: Offering telehealth ONLY</p>	
Payment	Insurance differs by provider – call to verify	Sliding fee based on income level for those without insurance Most insurance plans accepted	
Walk-in appts?	No	No	
Crisis Services?	No	No	
Do you treat:	• C.D.?	Yes	No
	• Eating disorders?	Yes	No

SCOTT COUNTY MENTAL HEALTH SERVICE GRID

September 7, 2021

Name	Lorenz Clinic		Fast-Tracker
Location	16180 Hastings Ave., Ste 205 Prior Lake, MN 55372 1435 White Oak Dr., Ste 200 Chaska, MN 55318		Online: fast-trackermn.org  SCAN ME
Phone & Website	(952) 443-4600 https://lorenzclinic.com		https://fast-trackermn.org
Hours	Mon-Thu: 7:00 a.m. – 8:00 p.m. Fri: 7:00 a.m. – 6:00 p.m.		24/7 Online
Ages	3 Years to Adults		All Ages
What Services do you provide?	<ul style="list-style-type: none"> ▪ Adult Therapy ▪ Children’s Therapy ▪ Family Therapy ▪ Couples Therapy ▪ Group Therapy ▪ Telehealth option Prior Lake Location: <ul style="list-style-type: none"> ▪ Psychological Testing Chaska Location: <ul style="list-style-type: none"> ▪ Early Childhood Day-Treatment: focus on children ages 3-7 years; 3 hours/day, 5 days/week 		Search link for Mental Health and/or Substance Use Disorder Resources near you: <ul style="list-style-type: none"> • Find Program, Service and Clinic/Provider Availabilities • Can SEARCH by Keyword, Services, Insurance Plans, Zip Code, and checkbox for Requires Immediate Availability • Appointment Info • Funding and/or Insurance Info • Community Calendar, Events, FAQs, Resources • Advocate and Support Groups • Crisis Contacts and Emergency Info • Gambling Hotline: 1-800-333-HOPE (4673) <p>SUICIDE PREVENTION: 1-800-273-8255</p> <p>CRISIS TEXT LINE: Text “MN” to 741741</p>
Payment	- In-network with most health insurances *Ensure individual insurance covers mental health services		- Can search by Insurance Plan
Walk-in appts?	No		- Can search by immediate availability
Crisis Services?	No		Text “MN” to 741741
Do you treat:	• C.D.?	No	- Can search for Chemical Dependency
	• Eating disorders?	No	- Can search for Eating Disorders

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September 7, 2021

Name	NAMI: National Alliance on Mental Illness	NAMI: National Alliance on Mental Illness	
Location	NAMI Minnesota 1919 University Ave. W, Suite 400 St. Paul, MN 55104 <i>Operating Remotely Only</i>	Additional Online Info	
Phone & Website	651-645-2948 https://namimn.org/		
Hours	Online Classes and Support Groups Vary		
Ages	All Ages		
What Services do you provide?	<ul style="list-style-type: none"> • Variety of In-Person and Online Classes: https://namimn.org/education-and-public-awareness/classes/?nowprocket=1 <ul style="list-style-type: none"> ○ For Families of Adults ○ For Children, Teens & Young Adults ○ For Parents and Caregivers of Children ○ Suicide Prevention ○ For General Public, Employers, Faith communities and teachers, Providers and MH Professionals ○ En Español (Clases) • Support Groups (<i>primarily online via Zoom</i>): <ul style="list-style-type: none"> ○ Suicide Survivor ○ Parents of Children ○ Young Adults (ages 18-30) and Adults Living with a Mental Illness, including specific group for people with disabilities ○ Anxiety and Panic Disorders ○ Family and Friends of Adults Living with a Mental Illness ○ En Español (Apoyo) ○ Parent Resource Groups • Resources for LGBTQ+, Multicultural Communities, Faith Communities, Veterans, Older Adults, and Youth • Fact Sheets on Mental Illness 	<ul style="list-style-type: none"> • Smoking Cessation Support Groups via <ul style="list-style-type: none"> ○ Quit Partner: 1-800-QUIT-NOW (784-8669) https://www.quitpartnermn.com/ *Offers specialized programs for: Pregnant/postpartum women, American Indian communities ○ My Life, My Quit (ages 13-17) https://mn.mylifemyquit.org/index <p>24/7 Crisis Text Line - Text MN to 741741</p> <p>Trevor Project for LGBTQ+ Teens & Young Adults: 1-866-488-7386</p> <p>Spanish Helpline: 1-877-AYUDESE</p> <p>Korean and Chinese (Mandarin and Cantonese) Helpline: 1-877-990-8585</p> <p>MN Farm & Rural Helpline: 833-600-2670 Text: FARMSTRESS to 898211</p>	
Payment	Free online resources, classes, and support groups		
Walk-in appts?	No		
Crisis Services?	Various Hotline Links (see above)		
Do you treat:	• C.D.?	No	
	• Eating disorders?	No	

SCOTT COUNTY MENTAL HEALTH SERVICE GRID

September 7, 2021

Name	Christian Family Solutions	
Location	Lakeville – Outpatient Clinic 8670 210 th St W Lakeville, MN 55044	
Phone & Website	(800) 438-1772 https://christianfamilysolutions.org/locations/lakeville/	
Hours	<p><i>Hours may vary</i></p> Mon-Thu: 8:00 am-8:00 pm (or by appt.) Fri: 8:00 a.m. – 5:00 p.m. (or by appt.) Sat: 9:00 a.m. – 1:00 p.m. (or by appt.)	
	<p><i>Intake Department Hours</i></p> Mon-Thu: 8:00 a.m. – 5:30 p.m. Fri: 8:00 a.m. – 3:00 p.m.	
Ages	All Ages	
What Services do you provide?	<ul style="list-style-type: none"> • Outpatient Counseling: In-Person or Telehealth • Children’s Therapeutic Services and Supports (CTSS) <ul style="list-style-type: none"> ○ https://christianfamilysolutions.org/wp-content/uploads/2019/07/CTSS-Services-7-2019-for-web.pdf ○ Skills training for individual, family, group ○ Psychotherapy: individual, family, group ○ Crisis assistance: child, family, caregiver • DBT Skills Groups for Teens • DBT Skills Groups for Adults (18+) • Screening & Needs Assessment for Children • Behavioral Health Home Services • Ability to integrate Christian faith principles with treatment • ARMOR Day Treatment Program for Teens (ages 14-18) <ul style="list-style-type: none"> ○ ARMOR: <i>Assertive Relationships, Mindful Openness, and Regulation</i> ○ Substance Use track: Weekly Group Therapy <p style="text-align: center;">LIFELINE CRISIS CHAT: https://suicidepreventionlifeline.org/chat/</p> <p style="text-align: center;">24/7 NAT’L SUICIDE PREVENTION LIFELINE: 800-273-TALK (8255)</p>	
Payment	Many insurance plans, including Medicaid and Medicare; call 800-438-1772 to review insurance and payment options	
Walk-in appts?	No	
Crisis Services?	Lifeline Crisis Chat and Hotline (see above)	
Do you treat:	• C.D.?	No
	• Eating disorders?	No